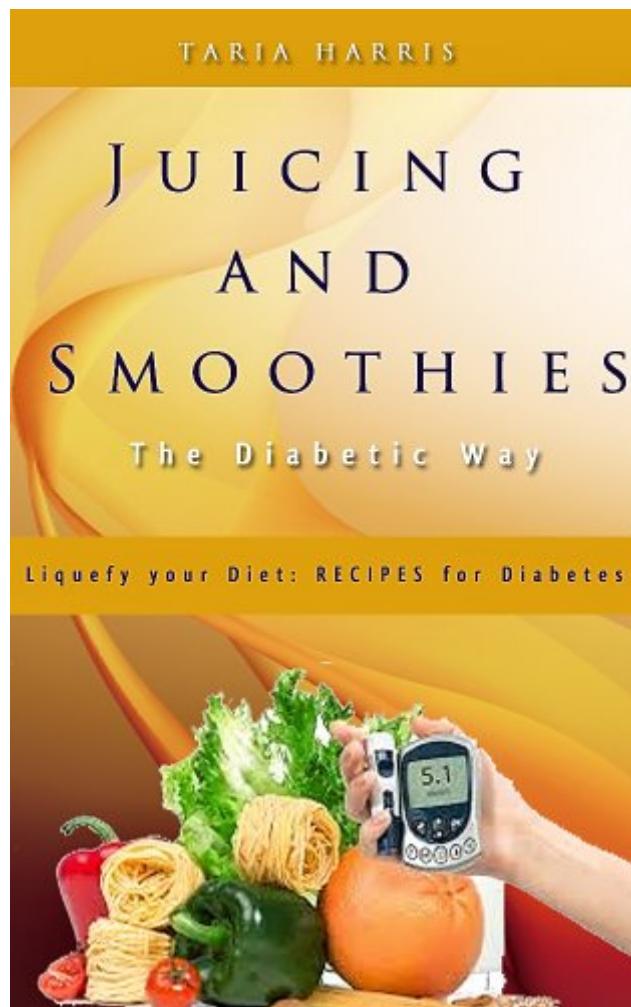


The book was found

# Juicing And Smoothies The Diabetic Way: Liquefy Your Diet: RECIPES For Diabetes



## **Synopsis**

Juicing and Smoothies the Diabetic WayHere Is A Preview Of What You'll Learn...( Juicing and Smoothies Recipes) (Juicing for diabetes)(Ingredients For Juicing)(Smoothie recipes for Weight Loss)(Juices and Smoothies for diabetics)(Reversing Type 2 Diabetes) Download your \$3.99 copy today!Tags: healthy, health, diabetes, diabetic, fruits, vegetables, recipes, weight loss, type 2, smoothie, juicing, reverseÂ© 2014 All Rights Reserved !

## **Book Information**

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## **Customer Reviews**

I felt that this book was very good for diabetics who want to change the way they eat in order to control their disease. I have been a diabetic for years, and have fortunately been able to avoid having to take insulin shots. I haven't always been good with my diet, and have found myself taking more pills, which I hate. So, I decided to try something different: juicing. Before I started, I looked for a book that would give me some help, and that's where I found "Juicing and Smoothies for Diabetics". It was easy to read, was quick, and to the point. There are several recipes for both juices and smoothies, which will help with maintaining blood sugar levels. The price was right too, even if one doesn't try any of the recipes.

I bought this fir recipes to help control type II diabetes. 90% of the recipes were for fruit smoothies with a high sugar content. Not nearly enough information.

Juicing is the way to go. Started juicing healthier after reviewing this book.I will surely recommend this book to my family and friends.

OK but not much info that couldn't get free on line. Also, the recipes do not tell what the yield is.

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Juicing: 365 Days of Juicing Recipes (Juicing, Juicing for Weight Loss, Juicing Recipes, Juicing Books, Juicing for Health, Juicing Recipes for Weight Loss, Juicing Detox, Juicing for Beginners)

Diabetes Diet: Quick, Easy and Enjoyable Diabetic Recipes (Diabetes Diet, Dieabetes Diet Plan, Gestational Diabetes, Diabetic Recipes, Type 2 Diabetes, Diabetes Diet Cookbook, Diabetic)

Diabetes Diet: Diabetes Diet is 904 pages of 1200-1800 calorie diabetic diet meal plans! (diabetic diet meal plan, diabetes meal planner, diabetes diet ... insulin, diabetic cookbook, diabetes cure)

Diabetes Diet: The Ultimate Diabetic Diet Plan, How To Lose Weight, Prevent And Cure Type 2 Diabetes (Diabetes, Diabetes Diet, Diabetes Diet Plan,Diabetes ... Diabetes,Type 2 Diabetes Diet Book Book 1) Juicing and Smoothies the Diabetic Way: Liquefy your Diet: RECIPES for Diabetes

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Reverse Diabetes: How to reverse diabetes and manage type 2 diabetes, type 1 diabetes and gestational diabetes (Diabetes, Type 2 diabetes, Type ... sugar, diabetic recipes, what is diabetes)

TYPE 2 DIABETES DESTROYER: The Secret to REVERSE Type 2 Diabetes, 3 Proven Steps to Reverse Type-2 Diabetes in 11 Days (Diabetes type 2, Diabetes, diabetes ... DIABETES,diabetic cookbook,type 2 diabetes) Diabetes: Diabetes Diet: The Top 100 Diabetic Foods to Eat for a Highly Effective Diabetes Diet and 15 Diabetic Recipes to Lower Blood Sugar: Diabetes ... Diet,smart blood sugar,sugar detox Book 4) Diabetes Diet: Lower Your Blood Sugar Naturally (Diabetes Diet,

Diabetes for Dummies, Diabetes Cookbooks Free, Diabetes Type 2, Diabetes Destroyer, Diabetes Solution, Diabetes Cure) Diabetes: The Best Diabetic Cookbook - Over 30 Healthy and Delicious Recipes That Will Help You Start Controlling Your Diabetes (Diabetes Food, diabetes diet plan, diabetic diet books) Diabetes: Step by Step Diabetes Diet to Reverse Diabetes, Lower Your Blood

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